



LEADERSHIP DECISION MAKING



Many leaders today are suffering from stress and burn out, uncertainty and insecurity resulting in difficulty in making decisions – if that applies to you, read on.



As a leader, do you find yourself torn between logic and feelings when decision making? Your head tells you one thing but your heart wants another? Have you experienced times when your gut says there is something wrong?

Leadership in today's rapidly changing business landscape faces uncharted territories, as a result organizations are seeking leaders that have the ability to bring more creativity, compassion and courage to move forwards. Old style decision making needs to change.

Neuroscience now proves that you have more than one intelligence. There is a "complex adaptive neuro network" in both your heart and gut!

The new field of *mBraining* and *mBIT* (*multiple* Brain integration Techniques) has developed a modality that enables a new way of thinking and decision making exploring all of your intelligences, allowing you to tap into your innate wisdom and discover emerging solutions.



CREATIVITY
*making sense
logical thinking*

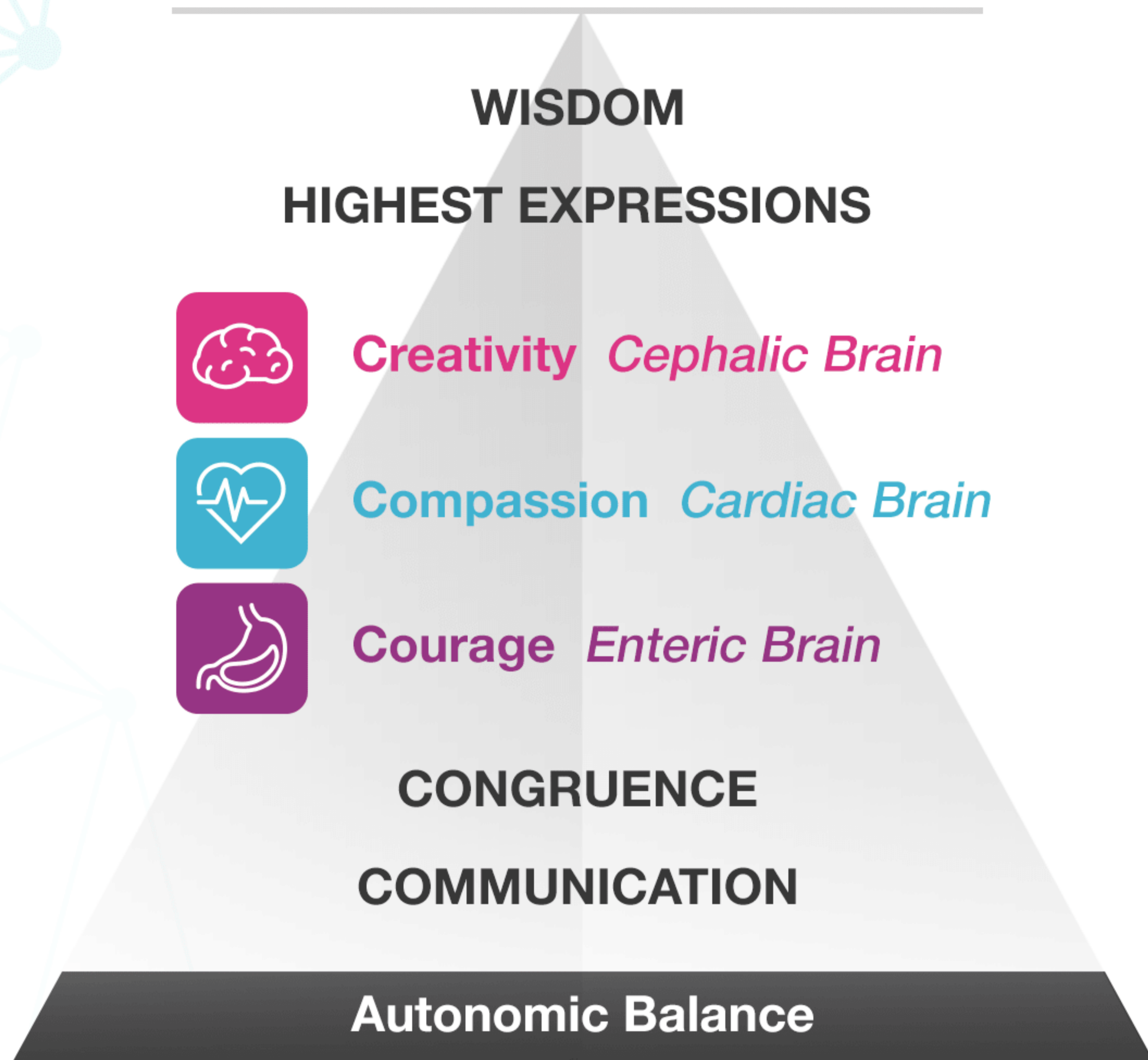


COMPASSION
*relationships
values*



COURAGE
*actions
identity*

The mBIT Roadmap



It is well known that when stressed, you are unlikely to make well considered decisions. The mBIT Roadmap begins with accessing a state of autonomic balance, which in itself is a powerful tool for facing any situation.

In addition to unlocking your wisdom as a leader, the modality also explores the impact of decisions on others (colleagues, clients) – their thoughts and perceptions, values and feelings plus the impact and how they will be affected as a result.

With the world calling out for more compassionate and courageous leaders, mBraining is a powerfully enabling tool.

Wendy Shaw

is the founder of mBrain.me and originally trained with the co-founder of mBraining in 2015. With 25 years international experience, 19 years in the Middle East, she has worked across industries supporting and initiating organisational Leadership and Learning & Development initiatives.

Wendy is a certified trainer of mBraining, NLP, Time Line Therapy® and Hypnosis and an experienced Executive Coach and member of ICF (International Coach Federation). She is a sought after consultant and facilitator based in Dubai. Wendy is also Master Trainer for BNI (Business Network International) and delivers Executive MBA programs for many business schools around the globe.

Wendy has delivered multiple mBraining Leadership and Personal Development workshops and the mBIT Coach Certification programs.



Passionate about helping others unlock their potential, Wendy believes fully connecting with the heart and gut has truly made a difference to her clients and delegates giving them empowering results.

WHAT OTHERS SAY:



mBraining is a smart place where science meets the soul. Wendy expertly navigates her audience through an intricate journey of facts and feelings, exploring old places with a new approach to give great results. I'd highly recommend this course to those who want to step-up their decision-making skills to the next level across their lives.

UMAR KHAN
Head of Innovation, Noor Bank



I began to 'unhaze' some of the questions I was seeking answers. The *mBraining* session connects your heart, head and gut to qualify with confidence the decisions you make, your becoming life choices and you begin to understand yourself and your path. Wendy created an opportunity and fed me with the ability to answer my own 'stagnation'. As a trainer and now a confidant I implore her services whole-heartedly. You have the answers, and Wendy will help you unveil them.



ADAM RIDGWAY
CEO, Travall World



I was questioning my decision-making effectiveness and *mBraining* has taught me that there is more than what's in my head. The knowledge I gained has enriched me with techniques and tools to make good quality decisions effectively.



BIJAY SHAH
BNI National Director

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I had an *mBraining* coaching session with Wendy and I was stunned with the results. We identified some issues and worked out what I could do about them to make me happy within myself and successful at work. I am still working on the actions, but I know that I have to keep on connecting with my heart, head and gut to help me with my decision making process.

Wendy is the most inspiring and dedicated person I know in her field of business



YVONNE SPILLER
*Managing Director
CSA Consultants*

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I was feeling stuck with a business decision and had an opportunity to explore it with *mBraining*. The process led me to explore and connect with my personal and business values and align with purpose and strategy. I came away with clarity on what was important and specific actions required to move forwards in the best way for me and my company. I certainly feel lighter as a result! *mBraining* definitely adds value to Leaders



KARIMA KRECHIEM
Keen Knowledge Academy

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As the founder of young company, you are surrounded by challenges and uncertainty. This is something I've struggled on and off with some years. My session with Wendy helped illuminate this issue from a truly unique perspective. Considering the way that this manifests itself from the view point of the head, heart and gut really helped me to gain better self-awareness and gain an improved perspective. I can happily recommend Wendy and her *mBraining* services for anyone struggling with some issues, or just wanting to improve performance.



DAMIAN HEHIR
Founder, Copytech

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These sessions helped me to get into the best state to explore what was important to me (heart), the possibilities and options (head) and then connecting with my gut to discover the actions that were right for me. It is powerful when your head, heart and gut are working together. *mBraining* helps me make better decisions because rather than let my head rule, I can now check in with what's right for me and I feel totally comfortable with the decision I take. I highly recommend Wendy and *mBraining*.

MAEN SAGHBINI
Founder, ABM Furniture

**Schedule your
mBraining
 session today!**



+971 (0)50 509 8486



Wendy@mBrain.me



www.mBrain.me



Schedule a meeting to explore how to bring *mBraining* Leadership Decision Making workshops into your organization.



Professional Development for your organisations Leaders, Managers, Coaches, HR professionals to unlock the wisdom of their employees. 4-day *mBraining* Coach Certification.